

SMART GOALS WORKSHEET

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Smart Goal #1 _____

Specific goal _____

Measurable how? _____

Attainable and Achievable (Concrete objectives).

Realistic and Relevant (How are you making this easier to accomplish? What is your infrastructure to be able to do this? How are your objectives relevant to your goal? Are there any obstructions to achieving your goals and objectives? How will you work around the obstructions or eliminate them?)

Timeliness. (What is your time frame and how will you know you are there?)

